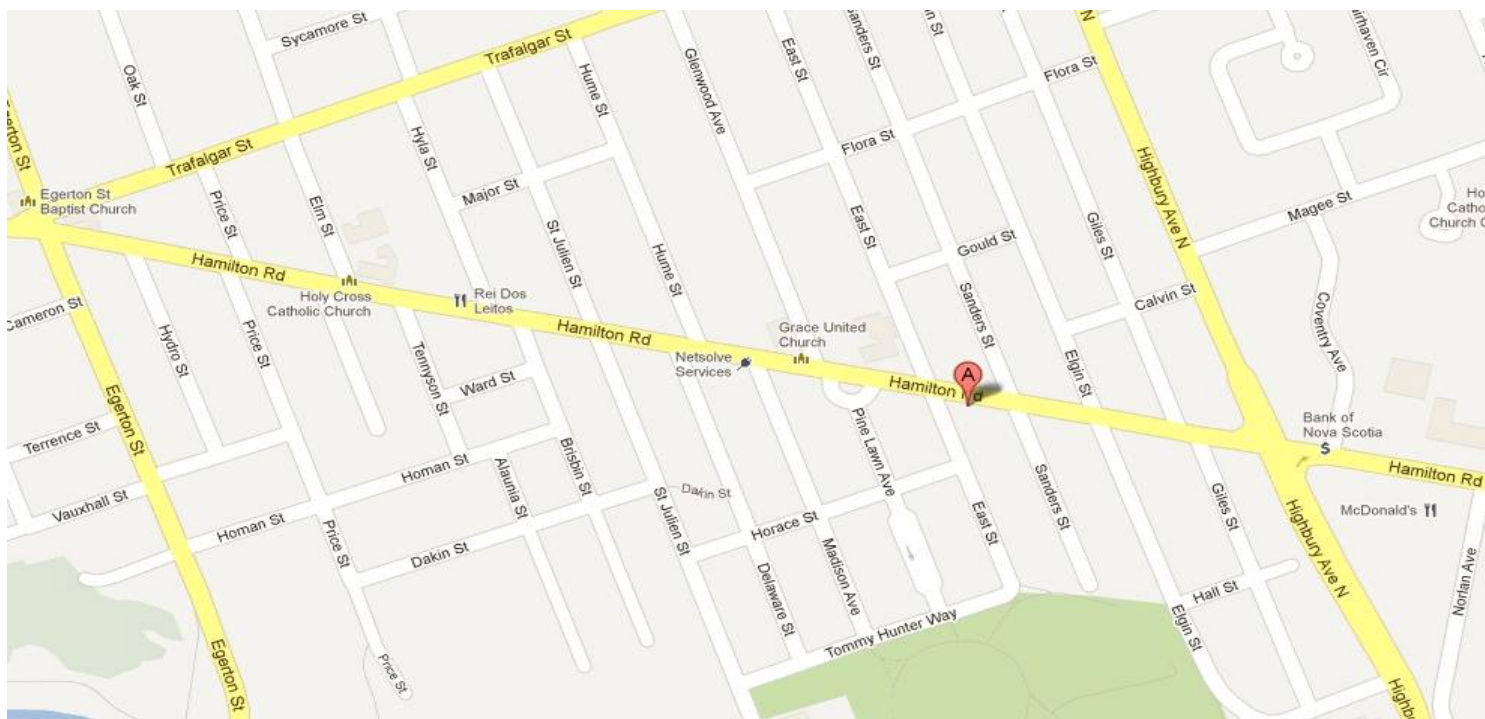


LMac Community CPR

Directions to our new training location:

875 Hamilton Rd
N5Z 1V8

We are in a commercial plaza on the south side of Hamilton Rd, between East St. & Saunders St., just west of Highbury (see map below). We are in the same building as Ealing Pharmacy and B&L Antiques. Please park anywhere at the rear of the building, preferably by the back fence (parking in front is limited to 2 hrs) and walk around to the front of the building. Our entrance is at the front of the building right by the sign that says “LMac Community CPR”



We do have a small fridge and a microwave so that things can be kept cool or heated. We do have foam yoga mats but you may want to bring your own blanket, sleeping bag or mat to kneel/lay on, the floor is carpeted but could still be hard for some people to kneel/lay on.

There is a Subway, a MacDonalDs and a couple of Tim Horton's within walking distance.