

# Can you...

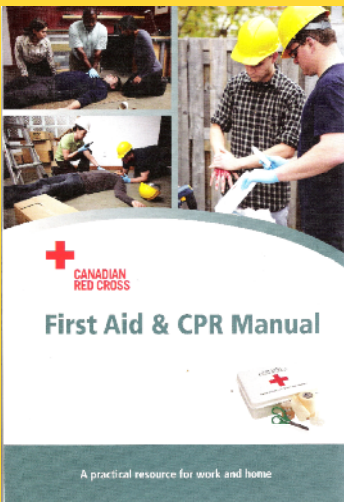


- Help an employee with a crushed hand who is going into shock?
- Tell the difference between a diabetic reaction, a heart attack or heat stroke?
- Help at a scene where you have to decide who gets treated first?

## A **Standard First Aid** course will teach you how!

3-year certification. 100% attendance, skills demonstration and successful completion of a knowledge evaluation required for certification

This is the course required by WSIB Regulation 1101 when more than 5 workers are present on a worksite.



### This 16hr course includes:

- |                                      |                                   |
|--------------------------------------|-----------------------------------|
| CPR (all ages)                       | ABC Recap & Rolls                 |
| Conscious choking rescues (all ages) | Automated External Defibrillation |
| Special CPR considerations           | Poisons                           |
| Check Call Care                      | Diabetes                          |
| Personal Safety/Approaching a scene  | Seizures                          |
| Asthma & Allergies                   | Heat & Cold Illness               |
| Cardiovascular Risk Factors          | Muscle, Bone & Joint              |
| Heart Attack/Angina                  | Bleeds                            |
| Stroke/TIA                           | Burns                             |
| Head & Spine (eye, ear, nose, mouth) | Triage/Multi-person incident      |
| Secondary Lecture & Scenarios        | Evaluation                        |

*LMac* Community CPR



The #1 independent provider of Canadian Red Cross First Aid programs in SW Ontario 401 corridor for 9 straight years 2004 to 2012 & the #3 Red Cross Wilderness & Remote First Aid for Ontario 2011!

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