

Do you...



- Work or want to work as part of a first response team at a jobsite?
- Have an interest in working as a paramedic, firefighter or police officer?
- Want to take your First Aid training to the 'next level'?

If so, you should be taking a **First Responder** course!



This 44hr course includes:

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| Personal Safety/Approaching a scene | Measuring Blood Pressure |
| Body Systems | Breathing Devices |
| Preventing Disease Transmission | Shock |
| Special Populations/Crisis Intervention | Reaching and Moving Casualties |
| CPR (all ages) | Head & Spine (eye, ear, nose, mouth) |
| Conscious choking rescues (all ages) | Secondary Lecture & Scenarios |
| Special CPR considerations | Trauma |
| Check Call Care | ABC Recap & Rolls |
| Poisoning | Automated External Defibrillation (AED) |
| Asthma & Allergies | Medical Emergencies |
| Cardiovascular Risk Factors | Triage/Multi-person incident |
| Heart Attack/Angina | Childbirth |
| Stroke/TIA | Oxygen Administration |
| Backboards/Cervical Collars/KED | Evaluation |

*L*Mac Community CPR



The #1 independent provider of Canadian Red Cross First Aid programs in SW Ontario 401 corridor for 9 straight years 2004 to 2012 & the #3 Red Cross Wilderness & Remote First Aid for Ontario 2011!

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