

Should you...

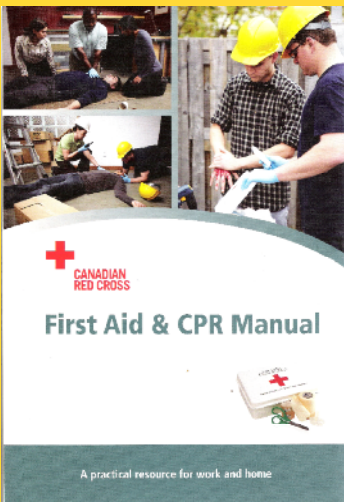


- Apply direct pressure to or tie off a severe bleed?
- Use an Automated External Defibrillator for an un-witnessed collapse?
- Use an Epinephrine auto-injector for a child who is having a severe allergic reaction?

An **Emergency First Aid** course will tell you!

3-year certification. 100% attendance, skills demonstration and successful completion of a knowledge evaluation required for certification

This is the course required by WSIB Regulation 1101 when 5 or fewer workers are present on a worksite.



This 8hr course includes:

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|--------------------------------------|--------------------------------------|
| CPR (all ages) | ABC Recap & Rolls |
| Conscious choking rescues (all ages) | Automated External Defibrillation |
| Special CPR considerations | Secondary Lecture & Scenarios |
| Check Call Care | Head & Spine (eye, ear, nose, mouth) |
| Personal Safety/Approaching a scene | Wound Care |
| Cardiovascular Risk Factors | Asthma & Allergies |
| Heart Attack/Angina | Triage/Multi-person incident |
| Stroke/TIA | Evaluation |

LMac Community CPR



The #1 independent provider of Canadian Red Cross First Aid programs in SW Ontario 401 corridor for 9 straight years 2004 to 2012 & the #3 Red Cross Wilderness & Remote First Aid for Ontario 2011!

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