

How do you...

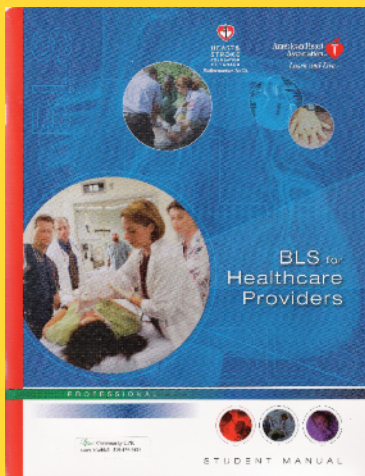


- Roll someone with a potential spinal injury?
- Properly use a bag-valve mask?
- Decide whether a child needs CPR or just rescue breathing?

A **CPR-HCP recertification** course will remind you!

100% attendance, skills demonstration and successful completion of a knowledge evaluation required for certification. Certification length varies with employer or educator.

Note: For anyone who has never taken CPR before, additional time will be required.



This 4.5hr course includes:

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|--------------------------------------|-------------------------------------|
| CPR (all ages) | ABC Recap & Rolls |
| Conscious choking rescues (all ages) | Personal Safety/Approaching a scene |
| Unconscious choking | Automated External Defibrillation |
| Special CPR considerations | Pulse check |
| Bag Valve Mask usage | Evaluation |
| Rescue breathing | |

*L*Mac Community CPR

The #1 independent provider of Canadian Red Cross First Aid programs in SW Ontario 401 corridor for 9 straight years 2004 to 2012 & the #3 Red Cross Wilderness & Remote First Aid for Ontario 2011!

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