

How can you...

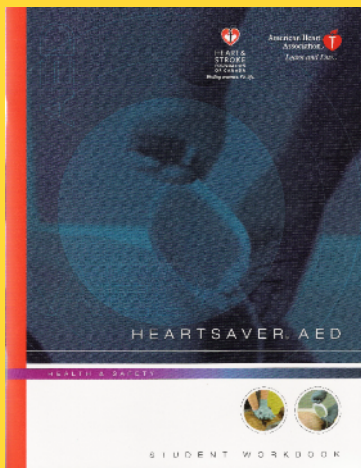


- Open the airway of someone with a potential spinal injury?
- Help an infant who is choking?
- Use an AED on a child or infant with only Adult pads?

A **CPR-C recertification** course will remind you!

100% attendance, skills demonstration and successful completion of a knowledge evaluation required for certification. Certification length varies with employer or educator.

Note: For anyone who has never taken CPR before, additional time will be required.



This 4hr course includes:

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|--------------------------------------|-------------------------------------|
| CPR (all ages) | ABC Recap & Rolls |
| Conscious choking rescues (all ages) | Personal Safety/Approaching a scene |
| Unconscious choking | Automated External Defibrillation |
| Special CPR considerations | Evaluation |

LMac Community CPR

The #1 independent provider of Canadian Red Cross First Aid programs in SW Ontario 401 corridor for 9 straight years 2004 to 2012 & the #3 Red Cross Wilderness & Remote First Aid for Ontario 2011!

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